



Application for Admissions

Thank you for your interest in Autumn's Dawn. This is the first step in your exciting Journey of New Beginnings. The information you provide us with in this application will help determine if you are good fit for Autumn's Dawn. Once the completed application is received, a representative of Autumn's Dawn will contact you to schedule an intake interview and any additional assessments.

A \$50 processing fee will be due upon receipt of the application. Please make checks payable to Autumn's Dawn.

Application Checklist

___ Personal Information Packet

___ Decision Making Matrix (DMM)

___ Candidate

___ Parent/Guardian

___ Professional

___ Self Determination Assessment

___ Most Recent Annual Individualized Education Plan (IEP)

(if graduated from public school within the last three years)

___ Most Recent Full & Individual Evaluation (FIE)

(conducted within the past three years)

___ \$50 Application Fee



Personal Information Packet

Personal Information

Name: _____

Address: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Date of Birth: _____ Gender: _____

Diagnosis: _____

Anticipated Date to Begin Services: _____

Family Information

Father/Guardian Name: _____

Address: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email Address: _____

Place of Employment: _____

Mother/Guardian Name: _____

Address: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email Address: _____

Place of Employment: _____

Your Marital Status: ___Single ___Married ___Divorced

Do you have any children? ___No ___Yes

If yes:

Name	Age	Where They Live

Siblings or Important Relatives in Your Life

Name	Age	Relationship to You	Where They Live

Emergency Contact Information

Name(s): _____ Relationship to You _____

Address: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____

Educational Information

Name of High School: _____

City, State of School: _____

Dates Attended: _____

Date you Graduated or Plan to Graduate: _____

Name of Trade/Technical/Vocational School: _____

City, State of School: _____

Dates Attended: _____

Date you Graduated or Plan to Graduate: _____

Certificate Awarded: ___ No ___ Yes

Name of College or University: _____

City, State of College/University: _____

Dates Attended: _____

Major or Areas of Study: _____ Number of Hours: _____

Degree: _____

College or University: _____

City, State of College/University: _____

Dates Attended: _____

Major or Areas of Study: _____ Number of Hours: _____

Degree: _____

Employment History (please include any job training experiences and internships)

Employer's Name: _____

Job Duties: _____

Dates Employed: _____ Did you receive pay? _____

Reason for Leaving: _____

Employer's Name: _____

Job Duties: _____

Dates Employed: _____ Did you receive pay? _____

Reason for Leaving: _____

Employer's Name: _____

Job Duties: _____

Dates Employed: _____ Did you receive pay? _____

Reason for Leaving: _____

Medical Information

Vision: Do you wear glasses? Yes ___ No ___ Sometimes ___

Hearing: Do you wear any hearing aids? Yes ___ No ___

Do you need to use any adaptive equipment for physical activities? (Cane, crutches, wheelchair, walker, etc.)
___ No ___ Yes (if yes, what _____)

Do you require physical therapy? ___ No ___ Yes, regularly ___ Yes, occasionally

Do you have any difficulties over a 2 to 3 hour period with:

___ Walking ___ Grasping ___ Bending ___ Running ___ Carrying ___ Stooping

___ Climbing ___ Pushing ___ Pulling ___ Other _____

Are there any time limits on physical activity? ___ Yes ___ No

If yes, what kind and how long have they existed? _____

Are you allergic to any of the following things? Check all that are appropriate to you.

___ Environmental (Dust, Molds, Grass, Animals)

___ Medications (if so, which ones _____)

___ Foods (if so, what food(s) _____)

___ Other _____

What medications do you take (if any)? _____

What side effects (if any) result from your medication(s)? _____

Are there any limitations to your physical activity as a result of your medication(s)? _____

Any special dietary needs? _____

Any critical medication information (ex. Migraines, seizures, etc.) _____

Family Physician _____

Phone Number _____

Guardianship Statement

Complete either Section A or Section B:

Section A

Attached is a copy of a court-executed guardianship order declaring _____ to be the lawful guardian(s) of _____.

Guardian Printed Name: _____ Guardian Signature & Date: _____

Your Printed Name: _____ Your Signature & Date: _____

Section B

I, _____, am my own guardian.

Your Printed Name: _____ Your Signature & Date: _____

Release of Information

I, _____, allow Autumn's Dawn to release information concerning my programming to the following individuals:

Name: _____

Name: _____

Name: _____

Name: _____

Name: _____



Decision Making Matrix

*For each item, please select the description that best fits you.
If you have questions on completing this form,
please contact our office at 281-913-4990.*

Adult Living

1. A) I need visual cues and help from someone to complete my daily routine of chores or tasks (PE 3)
B) I need help getting started and to complete my chores and help prompting me to complete tasks and goals (PE 2)
C) I need help getting started on my chores but can finish on my own (PE 3,9)
D) I start and complete my chores all on my own (PE 3,7)
2. A) I need someone to help me maintain my appearance and personal hygiene (PE 4)
B) I can maintain my own hygiene with prompting and on-going reminders and I need some help with how to maintain my appearance (PE 1)
C) I can maintain my own hygiene and appearance with occasional reminders (PE 8)
D) I can maintain my own hygiene and appearance with no support (PE 3)
3. A) Someone prepares my meals and helps me maintain good health on a daily basis (PE 3,4)
B) Someone helps me plan and prepare my meals, but I can maintain my own health with prompting and on-going reminders (PE 2,4,6,7)
C) I plan, purchase and cook well-balanced meals with minimal assistance and maintain good health with occasional reminders about diet and exercise (PE 2,3,6,9)
D) I plan, purchase, and cook well-balanced meals and maintains good health through appropriate diet and exercise (PE 3,7)
4. A) Someone sets up appointments and I willingly follow directions to attend appointments (PE 4,5)
B) I am aware of need for appointments; requires prompting in setting up appointments and remembering the date and time (PE 1,4,8)
C) I set up appointments with initial support and use support in relaying information with complete accuracy (PE 2,3,10)
D) I set up my own appointments and relay accurate information without any support (PE 5)
5. A) Someone else solves problems on my behalf (PE 3)
B) I am aware of problems and need for help; I need direct peer intervention in solving problems (PE 8)
C) I can problem solve personal, career and other life decisions with minimal support (PE 3,5,9,10)
D) I can problem solve personal, career and other life decisions (PE 4)
6. A) I need direct support to solve everyday problems (PE3, 4)
B) I can identify everyday problems and require assistance in solving the problems (PE 6)
C) I can ask for assistance in solving everyday problems (PE 3,5,6)
D) I can use available resources to solve everyday problems (PE 7)
7. A) I need direct support to manage my money and I often experience money difficulties (PE 4)
B) I need weekly support in budgeting money and balancing checkbook or recognizing the impact of money on day-to-day life (PE 4,8)
C) I budget money and use a checkbook with periodic support; need some guidance in the area of money management (PE 2)
D) I budget money and use a checkbook; no obvious problems with money management (PE 7)

Employment

1. A) I participate with direct support 1 to 8 hours per week in identified volunteer or supported employment activities that match my strengths and interests (PE 2,3)
B) I am successful when supports are readily accessible in the application and interview process. I have maintained some supported employment (PE 3,4,8)
C) I can practice completing a job application frequently, create a resume with support, and fulfill job application requirements with periodic support (PE 2,3,4,7,9)
D) I can complete a job application, have a resume, and can fulfill job application requirements (PE 3,5,6)
2. A) My job is simple, repetitive, and concrete; I need some help to stay on task and complete job (PE 2,3)
B) I am working on skills to move from part-time to full-time job, increase my work tolerance, productivity, and paid employment (PE 3,4,8)
C) I am working on skills to keep a full-time job and can evaluate job performance. New jobs may require help from support person (PE 4,9)
D) I have skills to maintain full-time job (Arrives on-time, dressed appropriately, follows through, accepts constructive criticism, has safety skills, good productivity, etc) (PE 4,7,8,9)
3. A) Support person monitors me for problems at my job and helps me identify and solve any problems (PE 2,3)
B) I need help to recognize problems and follow through with steps to create solutions and solve the problem (PE 3,4,8)
C) I can recognize problems, generate solutions, and may need assistance to prioritize and implement something new (PE 4,5,9)
D) I can recognize and/or anticipate problems, and follow through with steps to appropriately solve the problem (PE 4,5,7)
4. A) My job tasks are concrete and repetitive and I use prompts as reminders in sequencing, task initiation, time management and productivity (PE 2,3,5)
B) I manage learned tasks on the job with support person occasionally available, support person gives structure to expanding paid employment (PE 3,4,6,8)
C) I manage time, tasks, and productivity on familiar job with no support (PE 3,9,10)
D) I manage time, tasks and productivity on the job (PE 3)
5. A) Someone gets me help and solves problems for me on the job (PE 2,3)
B) I am practicing self-advocacy for needs on the job, but someone helps me identify those needs and when to follow up (PE 6,8)
C) I self-advocate for needs on the job and know when to disclose for disability with some support (PE 2,4,9)
D) I self-advocate for needs on the job and can comfortably disclose ADA accommodation letter (PE 5)
6. A) I have a support person or others help me complete job tasks and communicate with others (PE 3)
B) I practice with an adult on using various communication systems (verbal, email, texting) for a purpose (PE 3,4)
C) I use communication systems (email, phone, verbal) to relay information at familiar job. Uses ADA accommodation letter (PE 2,4,9)
D) I uses communication systems (email, phone, verbal) appropriately and effectively (PE 5,6)
7. A) I have a support person provide direct support in working towards common goal (PE 2)
B) I can follow directions or accept suggestion given by team/supervisor to achieve a common goal with support (PE 5)
C) I can work with team/supervisor to achieve a common goal with occasional assistance, over time will develop skills to be productive in job (PE 2,4,8)
D) I can work cooperatively with team/supervisor and manage workload without assistance (PE 2,4,8)

Lifelong Learning

1. A) My family or teachers arranges for my school or educational activities (PE 2)
B) My support person provides options for school or education after high school and then I make the decision with guidance from support person (PE 8)
C) My support person provides options for school after high school, I think about the options and then make a decision (PE 2,6,9)
D) I access post secondary education information, weigh options, and make a decision with minimal support (PE 4,7)
2. A) My family or teachers arrange for transportation and needs at school (PE 5)
B) I arrive to class on-time with necessary materials but need help remembering time and what I need (PE 8)
C) I arrive to class on-time with necessary materials most of the time (PE 7,9)
D) I arrive to class on-time with necessary materials (PE 9)
3. A) I need someone to guide my schedule and time while in class to get work done (PE 2,3)
B) I need someone to help me break down assignments, remind me of deadlines, create calendar and provide a weekly structure (PE 8)
C) I manage my classroom time and complete assignments with initial support in organization (PE 1,10)
D) I manage my classroom time and complete assignments (PE 3,4)
4. A) My family or teacher enrolls me in classes that meet their learning potential (PE 1)
B) I follow a plan for classes based on interests and learning potential, and receive occasional support in fulfilling this plan (PE 8)
C) I need initial support in enrolling in classes that meet my learning potential (PE6,9)
D) I independently choose and enroll in classes that meet my learning potential (PE 4)
5. A) A teacher or support person completes class work with me (PE 2)
B) I need prompts and support to follow syllabus, access resources, and organize tasks to complete class work (PE 5,8)
C) I need initial prompts to follow syllabus, access resources and organizes tasks to complete class work (PE 2,9,10)
D) I follow syllabus, access resources, and organize tasks to complete class work (PE 4,6,7,8)
6. A) I want to be in the group, but need one-on-one support in completing and communicating tasks (PE 3)
B) In group situations, I rely on heavy support from group members, is able to follow specific directions (PE 5)
C) I work well in group situations and can generate ideas based on other group member's ideas (PE 9,10)
D) I work well in group situations and generate my own ideas (PE 3)
7. A) I use basic communication skills to get support but need help identifying where I need help (PE 3)
B) I am unsure of my abilities and strengths and aware of need for support, but don't know how to ask for help (PE 6)
C) I seek support occasionally and I am often unsure of abilities and strengths (PE 6)
D) I seek support when needed (PE 4)

Social/Rec/Leisure

1. A) Someone else maintains my calendar and I follow it with help (PE 1,3,4)
B) I need initial support to manage calendar, set appointments and resolve conflict in schedule (PE 7,8)
C) I manage calendar, set appointments and resolve conflicts in schedule with prompts (PE 4,9,10)
D) I manage calendar, set appointments and resolve conflicts in schedule (PE 5,8)
2. A) Family and friends provide structure and activities for my life (PE 1,4)
B) My family and friends help me respond to unexpected and harmful situations (PE 6)
C) I use my family and friend to brainstorm solutions to problems (PE 4,5,6)
D) I can talk and get help easily with friends and family (PE 1,2)
3. A) I participate in social events with one-on-one support (PE 4)
B) I participate in social events with initial support and occasional reminders (PE 4,7)
C) I participate in social events with little support (PE 6,8)
D) I use a variety of media sources to locate and participate in recreational events (PE 8)
4. A) My family uses community resources to plan social events for me and help me get there safely (PE 1,3)
B) I want to plan get togethers or parties, but I need help getting started and in planning event (PE 5,7)
C) I can plan social events and parties by breaking down the tasks (PE 9,10)
D) I organizes get togethers or social events (PE 1,8)
5. A) I attend and interact with people at social functions with direct support (PE 1,3)
B) I attend social functions with initial support to help me RSVP and coordinate transportation (PE 5,8)
C) I respond to, organize transportation to and attend social functions with reminders (PE 7,10)
D) I respond to, organize transportation to and attend social functions (PE 9)
6. A) My friends include family members and friends of family, but usually few friends from the community (PE 1)
B) I identify potential friends, but need support in recognizing social cues (PE 5,8)
C) I am learning to make and maintain long-term personal relationships (PE 4)
D) I can make and maintain personal relationships (PE 1,5)
7. A) I need someone else to resolve my conflicts (PE 4)
B) I need someone to help me resolve my conflicts (PE 6)
C) Conflict resolution is often awkward for me and I need someone to prevent me from being taken advantage of (PE 4,5)
D) I can resolve conflicts within relationships appropriately, and negotiate solutions to satisfy personal needs (PE 1)



Decision Making Matrix

For each item, please select the description that best fits your young adult. If you have questions on completing this form, please contact our office at 281-913-4990.

Adult Living

1. A) Adult needs visual cues and help from someone to complete daily routine of chores or tasks (PE 3)
B) Adult needs help getting started and to complete chores and help prompting him/her to complete tasks and goals (PE 2)
C) Adult needs help getting started on chores but can finish on independently (PE 3,9)
D) Adult starts and completes chores independently (PE 3,7)
2. A) Adult needs someone to help maintain their appearance and personal hygiene (PE 4)
B) Adult maintains hygiene with prompting and on-going reminders and needs some help with how to maintain appearance (PE 1)
C) Adult maintains hygiene and appearance with occasional reminders (PE 8)
D) Adult maintains hygiene and appearance with no support (PE 3)
3. A) Someone prepares adult's meals and helps he/she maintain good health on a daily basis (PE 3,4)
B) Someone helps adult plan and prepare meals, but adult can maintain his/her own health with prompting and on- going reminders (PE 2,4,6,7)
C) Adult plans, purchases and cooks well-balanced meals with minimal assistance and maintains good health with occasional reminders about diet and exercise (PE 2,3,6,9)
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4. A) Someone sets up adult's appointments and adult willingly follow directions to attend appointments (PE 4,5)
B) Adult is aware of need for appointments; requires prompting in setting up appointments and remembering the date and time (PE 1,4,8)
C) Adult sets up appointments with initial support and uses support in relaying information with complete accuracy (PE 2,3,10)
D) Adult sets up their own appointments and relays accurate information without any support (PE 5)
5. A) Someone else solves adult's problems (PE 3)
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C) Adult problem solves personal, career and other life decisions with minimal support (PE 3,5,9,10)
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D) Adult uses available resources to solve everyday problems (PE 7)
7. A) Adult needs direct support to manage money and often experiences money difficulties (PE 4)
B) Adult needs weekly support in budgeting money and balancing checkbook or recognizing the impact of money on day-to-day life (PE 4,8)
C) Adult budgets money and uses a checkbook with periodic support; needs some guidance in the area of money management (PE 2)
D) Adult budgets money and uses a checkbook; no obvious problems with money management (PE 7)

Employment

1. A) I participate with direct support 1 to 8 hours per week in identified volunteer or supported employment activities that match my strengths and interests (PE 2,3)
 B) I am successful when supports are readily accessible in the application and interview process. I have maintained some supported employment (PE 3,4,8)
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 D) I can complete a job application, have a resume, and can fulfill job application requirements (PE 3,5,6)
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 B) I am working on skills to move from part-time to full-time job, increase my work tolerance, productivity, and paid employment (PE 3,4,8)
 C) I am working on skills to keep a full-time job and can evaluate job performance. New jobs may require help from support person (PE 4,9)
 D) I have skills to maintain full-time job (Arrives on-time, dressed appropriately, follows through, accepts constructive criticism, has safety skills, good productivity, etc) (PE 4,7,8,9)
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Lifelong Learning

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 B) I need someone to help me break down assignments, remind me of deadlines, create calendar and provide a weekly structure (PE 8)
 C) I manage my classroom time and complete assignments with initial support in organization (PE 1,10)
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 B) I am unsure of my abilities and strengths and aware of need for support, but don't know how to ask for help (PE 6)
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 D) I seek support when needed (PE 4)

Social/Rec/Leisure

1. A) Someone else maintains my calendar and I follow it with help (PE 1,3,4)
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C) I am learning to make and maintain long-term personal relationships (PE 4)
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7. A) I need someone else to resolve my conflicts (PE 4)
B) I need someone to help me resolve my conflicts (PE 6)
C) Conflict resolution is often awkward for me and I need someone to prevent me from being taken advantage of (PE 4,5)
D) I can resolve conflicts within relationships appropriately, and negotiate solutions to satisfy personal needs (PE 1)



Decision Making Matrix

*For each item, please select the description that best fits the individual.
If you have questions on completing this form,
please contact our office at 281-913-4990.*

Adult Living

1. A) Adult needs visual cues and help from someone to complete daily routine of chores or tasks (PE 3)
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C) Adult plans, purchases and cooks well-balanced meals with minimal assistance and maintains good health with occasional reminders about diet and exercise (PE 2,3,6,9)
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B) Adult needs weekly support in budgeting money and balancing checkbook or recognizing the impact of money on day-to-day life (PE 4,8)
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D) Adult budgets money and uses a checkbook; no obvious problems with money management (PE 7)

Employment

1. A) I participate with direct support 1 to 8 hours per week in identified volunteer or supported employment activities that match my strengths and interests (PE 2,3)
 B) I am successful when supports are readily accessible in the application and interview process. I have maintained some supported employment (PE 3,4,8)
 C) I can practice completing a job application frequently, create a resume with support, and fulfill job application requirements with periodic support (PE 2,3,4,7,9)
 D) I can complete a job application, have a resume, and can fulfill job application requirements (PE 3,5,6)

2. A) My job is simple, repetitive, and concrete; I need some help to stay on task and complete job (PE 2,3)
 B) I am working on skills to move from part-time to full-time job, increase my work tolerance, productivity, and paid employment (PE 3,4,8)
 C) I am working on skills to keep a full-time job and can evaluate job performance. New jobs may require help from support person (PE 4,9)
 D) I have skills to maintain full-time job (Arrives on-time, dressed appropriately, follows through, accepts constructive criticism, has safety skills, good productivity, etc) (PE 4,7,8,9)

3. A) Support person monitors me for problems at my job and helps me identify and solve any problems (PE 2,3)
 B) I need help to recognize problems and follow through with steps to create solutions and solve the problem (PE 3,4,8)
 C) I can recognize problems, generate solutions, and may need assistance to prioritize and implement something new (PE 4,5,9)
 D) I can recognize and/or anticipate problems, and follow through with steps to appropriately solve the problem (PE 4,5,7)

4. A) My job tasks are concrete and repetitive and I use prompts as reminders in sequencing, task initiation, time management and productivity (PE 2,3,5)
 B) I manage learned tasks on the job with support person occasionally available, support person gives structure to expanding paid employment (PE 3,4,6,8)
 C) I manage time, tasks, and productivity on familiar job with no support (PE 3,9,10)
 D) I manage time, tasks and productivity on the job (PE 3)

5. A) Someone gets me help and solves problems for me on the job (PE 2,3)
 B) I am practicing self-advocacy for needs on the job, but someone helps me identify those needs and when to follow up (PE 6,8)
 C) I self-advocate for needs on the job and know when to disclose for disability with some support (PE 2,4,9)
 D) I self-advocate for needs on the job and can comfortably disclose ADA accommodation letter (PE 5)

6. A) I have a support person or others help me complete job tasks and communicate with others (PE 3)
 B) I practice with an adult on using various communication systems (verbal, email, texting) for a purpose (PE 3,4)
 C) I use communication systems (email, phone, verbal) to relay information at familiar job. Uses ADA accommodation letter (PE 2,4,9)
 D) I uses communication systems (email, phone, verbal) appropriately and effectively (PE 5,6)

7. A) I have a support person provide direct support in working towards common goal (PE 2)
 B) I can follow directions or accept suggestion given by team/supervisor to achieve a common goal with support (PE 5)
 C) I can work with team/supervisor to achieve a common goal with occasional assistance, over time will develop skills to be productive in job (PE 2,4,8)
 D) I can work cooperatively with team/supervisor and manage workload without assistance (PE 2,4,8)

Lifelong Learning

1. A) My family or teachers arranges for my school or educational activities (PE 2)
 B) My support person provides options for school or education after high school and then I make the decision with guidance from support person (PE 8)
 C) My support person provides options for school after high school, I think about the options and then make a decision (PE 2,6,9)
 D) I access post secondary education information, weigh options, and make a decision with minimal support (PE 4,7)
2. A) My family or teachers arrange for transportation and needs at school (PE 5)
 B) I arrive to class on-time with necessary materials but need help remembering time and what I need (PE 8)
 C) I arrive to class on-time with necessary materials most of the time (PE 7,9)
 D) I arrive to class on-time with necessary materials (PE 9)
3. A) I need someone to guide my schedule and time while in class to get work done (PE 2,3)
 B) I need someone to help me break down assignments, remind me of deadlines, create calendar and provide a weekly structure (PE 8)
 C) I manage my classroom time and complete assignments with initial support in organization (PE 1,10)
 D) I manage my classroom time and complete assignments (PE 3,4)
4. A) My family or teacher enrolls me in classes that meet their learning potential (PE 1)
 B) I follow a plan for classes based on interests and learning potential, and receive occasional support in fulfilling this plan (PE 8)
 C) I need initial support in enrolling in classes that meet my learning potential (PE6,9)
 D) I independently choose and enroll in classes that meet my learning potential (PE 4)
5. A) A teacher or support person completes class work with me (PE 2)
 B) I need prompts and support to follow syllabus, access resources, and organize tasks to complete class work (PE 5,8)
 C) I need initial prompts to follow syllabus, access resources and organizes tasks to complete class work (PE 2,9,10)
 D) I follow syllabus, access resources, and organize tasks to complete class work (PE 4,6,7,8)
6. A) I want to be in the group, but need one-on-one support in completing and communicating tasks (PE 3)
 B) In group situations, I rely on heavy support from group members, is able to follow specific directions (PE 5)
 C) I work well in group situations and can generate ideas based on other group member's ideas (PE 9,10)
 D) I work well in group situations and generate my own ideas (PE 3)
7. A) I use basic communication skills to get support but need help identifying where I need help (PE 3)
 B) I am unsure of my abilities and strengths and aware of need for support, but don't know how to ask for help (PE 6)
 C) I seek support occasionally and I am often unsure of abilities and strengths (PE 6)
 D) I seek support when needed (PE 4)

Social/Rec/Leisure

1. A) Someone else maintains my calendar and I follow it with help (PE 1,3,4)
 B) I need initial support to manage calendar, set appointments and resolve conflict in schedule (PE 7,8)
 C) I manage calendar, set appointments and resolve conflicts in schedule with prompts (PE 4,9,10)
 D) I manage calendar, set appointments and resolve conflicts in schedule (PE 5,8)

2. A) Family and friends provide structure and activities for my life (PE 1,4)
 B) My family and friends help me respond to unexpected and harmful situations (PE 6)
 C) I use my family and friend to brainstorm solutions to problems (PE 4,5,6)
 D) I can talk and get help easily with friends and family (PE 1,2)

3. A) I participate in social events with one-on-one support (PE 4)
 B) I participate in social events with initial support and occasional reminders (PE 4,7)
 C) I participate in social events with little support (PE 6,8)
 D) I use a variety of media sources to locate and participate in recreational events (PE 8)

4. A) My family uses community resources to plan social events for me and help me get there safely (PE 1,3)
 B) I want to plan get togethers or parties, but I need help getting started and in planning event (PE 5,7)
 C) I can plan social events and parties by breaking down the tasks (PE 9,10)
 D) I organizes get togethers or social events (PE 1,8)

5. A) I attend and interact with people at social functions with direct support (PE 1,3)
 B) I attend social functions with initial support to help me RSVP and coordinate transportation (PE 5,8)
 C) I respond to, organize transportation to and attend social functions with reminders (PE 7,10)
 D) I respond to, organize transportation to and attend social functions (PE 9)

6. A) My friends include family members and friends of family, but usually few friends from the community (PE 1)
 B) I identify potential friends, but need support in recognizing social cues (PE 5,8)
 C) I am learning to make and maintain long-term personal relationships (PE 4)
 D) I can make and maintain personal relationships (PE 1,5)

7. A) I need someone else to resolve my conflicts (PE 4)
 B) I need someone to help me resolve my conflicts (PE 6)
 C) Conflict resolution is often awkward for me and I need someone to prevent me from being taken advantage of (PE 4,5)
 D) I can resolve conflicts within relationships appropriately, and negotiate solutions to satisfy personal needs (PE 1)

Self-Determination Checklist

 Put a check mark in the column that best describes how often you show each skill.

	Always	Sometimes	Never
1. I recognize and accept my strengths and weaknesses.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I can describe my interests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I make most of my decisions.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I set my own goals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I work toward my goals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I solve the problems that come up in my life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I take responsibility for what I have done.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I speak up when I want to.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. I say "I'm sorry" when I do something wrong.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. I say "No" when a request is inappropriate.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. I manage my time to stay on task until a project is done.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. I can describe skills for a job.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. I work independently.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14. I finish my work on time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. I am confident in my abilities to communicate with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. I use eye contact while talking.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. I listen carefully when talking with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. I express myself to others appropriately.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. I tell others how I feel.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. I ask others for help.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21. I offer to help others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22. I share my ideas with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23. I can negotiate with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24. I accept advice from others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25. I work well with others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Source: Adapted and used with permission of Chia-ten Liu and Joung-Min Kim.